

1000 HILLS COMMUNITY HELPERS



Issue 17
May 2010

Our quarterly newsletter highlighting information for our devoted helpers, volunteers and benefactors.

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OUR MISSION

Is dedicated and compassionate service to the people of The Valley of 1000 Hills.

OUR VISION

Is to improve the lives of children and adults infected and affected by chronic illnesses such as HIV/AIDS, TB, Hepatitis, Diabetes, Cancer, Arthritis, and Hypertension, through community and home based primary health care clinics, nutritional feeding schemes, crèches, counselling and support groups.

Our children are our future

Hello Friends,

Gosh!! What with the 2010 Soccer World Cup fever and the comrades marathon coming up, isn't it wonderful to think that these events have such a great impact on our children and community. We had such great fun with our toddlers with much laughter between our caregivers and myself. We tried to get our tots into line and get them to run a short distance, needless to say this never happened. One of our little chaps broke ranks and set about running to me waiting at the end.

One looking at this little guy, you would think he hasn't got a care in the world. His name is Magwaza. He has just turned two, has no parents and lives with an extended family member. He calls all of us, "Ma". Aren't we lucky to have a facility for our children to come to where they are loved, given two cooked meals a day and have a safe environment to laugh and play. (A big thank you to all who assist us)



Who knows, maybe a future marathon runner.



Some of our toddler's enjoying an Easter egg after the race



We were thrilled to receive soccer kits for two of our teams in the valley. Don't we all look so smart. Watch out folks, we may have some future Bafana Bafana players in the making.



Our Banking details:

Bank: Nedbank
 Branch: Hillcrest
 Branch code: 133826
 Account No. 1338080571
 Account name: 1000 Hills Community Helpers
 Swift code: NEDSZAJJ

With the soccer world cup right around the corner – we have a growing concern for our youth. With the schools closed, there are going to be a lot of Community children with no safe place to go other than our centre during the day. At our centre we never close, our baby room, toddlers inn, creche, and Grade R during the holidays. The only break we have is at Christmas time when we close for two weeks to give our teachers and caregivers a break.

Our goal during this time is to provide a safe environment at our centre while at the same time hosting an educational and entertaining holiday program for the young people. We hope to accommodate 50 children ranging in age from 6 years to 15 years. The program will run from Monday to Friday, beginning at 8 a.m. and continuing until 12 p.m. The children will be fed juice and biscuits at tea time as well as a cooked meal at lunch time.

In order for the program to be a success we call on the assistance of local businesses, individuals, teachers, and students to aid us in the facilitation of this event. We not only need monetary donations and donations of supplies, we also need people to give of their time. Here is a breakdown of what is required:

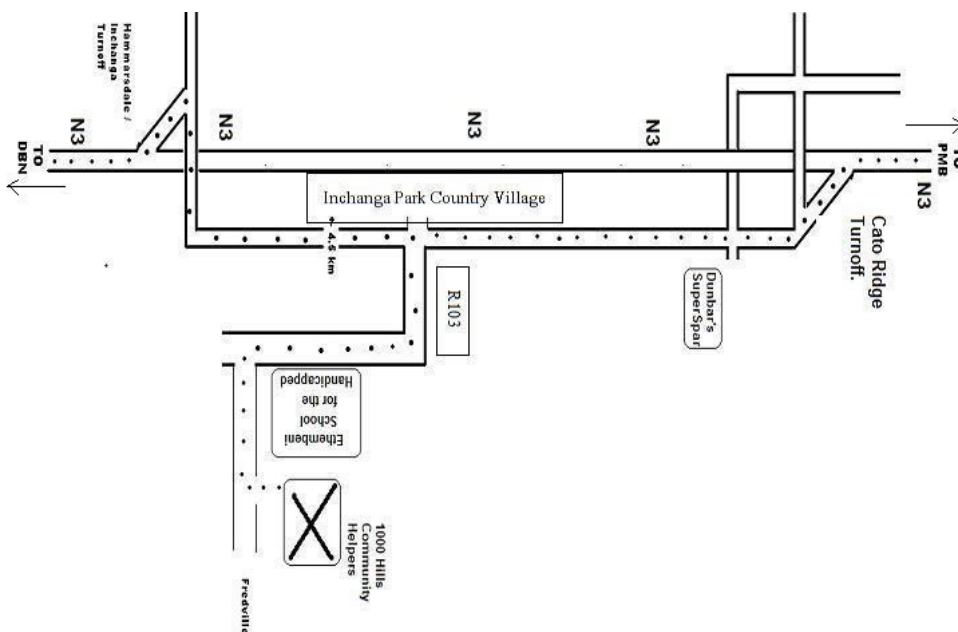
- Food: rice, beans, biscuits, fruit, juice, porridge, candy floss, flour, food colouring, corn starch, and popcorn.
- Art Supplies: 5 reams of paper, balloons, face paint, paper plates, wax paper, wire, markers, water based paints, crayons, play dough (salt, flour, food colouring).
- General: old clothes, hats, shoes, toilet rolls, empty plastic containers, cling wrap, cello tape, dish soap, marquee.
- Sports Supplies: soccer balls, rugby balls, and net balls. Rope for tug-of-war. Bandanas for 3-legged race.

Each week we have a different theme planned.

- Week One: Circus Week
- Week Two: Sports Week
- Week Three: Animal Week
- Week Four: Music Week
- Week Five: Heroes Week

We will be organizing the main event to be on the Wednesday of each week. We will need between 10 and 15 volunteers for each Wednesday. Every other day will require between 5 and 10 volunteers. We are looking for people to assist with the sports clinic, a music DJ, a talk on animals, and a dance team teacher. **Should anyone be able to assist us in any way or**

inquire about more information, please contact Dawn at 031 783 4013 or cell number 084 625 2771. We are also willing to collect donations.



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Public Benefit Organisation No: 930020228