



1000 HILLS COMMUNITY HELPERS



Issue 18
July 2010

Our quarterly newsletter highlighting information for our devoted helpers, volunteers and benefactors.

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Charity Number:

NPO 042-122

Public Benefit Organisation No:

930020228

OUR MISSION

Is dedicated and compassionate service to the people of The Valley of 1000 Hills.

OUR VISION

Is to improve the lives of children and adults infected and affected by chronic illnesses such as HIV/AIDS, TB, Hepatitis, Diabetes, Cancer, Arthritis, and Hypertension, through community and home based primary health care clinics, nutritional feeding schemes, crèches, counselling and support groups.

Our children are our future

Hello friends,

I know a lot of us are feeling these winter snaps and gosh can it get cold here in the valley!



I was called out at 8:30 one evening to visit a family of 5 children. These children had lost their mum and the family they had been staying with had asked them to leave as they themselves were struggling. They had managed to find an abandoned shack to live in, and with your wonderful assistance I managed to get clothing, blankets, and food together and arrived at the shack to be met by the eldest child who had managed to find a small piece of candle for me to assess how they were living. It broke my heart to see not one blanket and a old twisted and blackened frying pan with some dry phutu in it that someone had given them to eat. One of the children of 8 was covered in shingles. They were thrilled and quite confused when we gave them the food and blankets (Prayers are answered!!). The next day they were brought to the centre. All the children had a lovely hot shower, given a nice plate of porridge and Sister Dlamini in our clinic attended to the child with shingles. Their

plight was reported to the social worker and things are beginning to look brighter for this little family.

We are so fortunate to have a clinic so that cases like these can be seen to immediately. Thanks to those who help us with the running of our clinic and the sponsorship of medication.

Thanks to all the wonderful ladies who have so lovingly made tracksuits and knitted for our children. What a difference this has made to the plight of many children in community.

It was with great pride that these little ones came the last day of school to show me their reports. These little girls had uniforms sponsored to them and under the conditions at home, they did so well.



Love and encouragement go a long way



Our Banking details:

Bank: Nedbank
Branch: Hillcrest
Branch code: 133826
Account No. 1338080571
Account name: 1000 Hills Community Helpers
Swift code: NEDSZAJJ

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Join us on FaceBook Groups



Bring happiness to the valley children. This rope trick got a round of applause. A topic of conversation for many days after

Thanks to Becky, Meghan and their volunteers who helped keep our children amused during the holidays



One of our locals, Wonderboy, on his stilts bring many gasps from the children.



We never miss an opportunity for education, putting an emphasis on alcohol and drug abuse and HIV/AIDS awareness.

Youth For Christ's
Change Agents



Getting the message across



Our little ones with their new beanies. Don't they all look so smart!!

Having a great time with Becky doing paper mache

