



1000 HILLS COMMUNITY HELPERS



January 2011

Our quarterly newsletter highlighting information for our devoted helpers, volunteers and benefactors.



THANK YOU TO ALL WHO ASSISTED WITH THE FOOD HAMPERS FOR THE ELDERLY MAKING THEIR XMAS SPECIAL

OUR MISSION

Is dedicated and compassionate service to the people of The Valley of 1000 Hills.

OUR VISION

Is to improve the lives of children and adults infected and affected by chronic illnesses such as HIV/AIDS, TB, Hepatitis, Diabetes, Cancer, Arthritis, and Hypertension, through community and home based primary health care clinics, nutritional feeding schemes, crèches, counselling and support groups.

Our children are our future

Hello Dear Friends,

We extend our gratitude to all who helped give our community have a wonderful Christmas. Without your love and compassion for the less fortunate many in our community would have had a bleak festive season. Thank you for walking the walk with us.

Thank you Carmen for a lovely picture.

Children from our Toddler- inn, crèche and grade R having a Xmas party.





Some of our community children that come each day for breakfast and lunch.

Waiting anxiously to see if father Xmas managed to drop off a gift for them, during school holidays we can have up to a thousand children visiting us many of them are from orphaned households sometimes totalling 15 per family so you can imagine the big strain it puts on the grannies having to provide food and clothing for these little ones. We are so grateful for any second hand clothing ranging from one weak old to 90 yrs

As education is the success to anyone's life we try everyday to give these children a lesson in life skills.

We explain to our children at Xmas time it is not about a gift it is time to celebrate the birth of Jesus and he shares his birthday with us.



This teenage headed household of boys have lost their parents and were chased out of their home as they were not providing anything toward there upkeep.

I have managed to find them a place to stay and with your help we managed to feed and cloth them.

School uniforms always being a big problem for me due to the cost.

There are so many children who turn to us for help at this time of the year



These little poppets above are in the same situation as many other children here in Inchanga area are child headed households.

Thank you to our community ladies who assist me in taking care of these children.

Thanks you for your ongoing support

**So give yourselves a hug from us all
A hug is a perfect gift—One size fits all –And no
one minds if you return it LOVE DAWN**